SERVING TACOMA AND THE MILITARY PERSONNEL OF FORT LEWIS AND McCHORD AIR FORCE BASE

# THE NORTH WEST TACOMA ALZENE PUBLISHING CO. FACTS

10c "BRIDGING THE COMMUNICATION GAP" 10c

Volume 3, number 42 PUBLISHED WEEKLY IN TACOMA WASH. 1325 South K St. MA 7-5597, October 18, 1973

# Two Local Youngs Women Graduate Stewardess School

Miss Janice Gay Garraway, daughter of Mr. & Mrs. James Garraway, 1726 East 59th St., has become a stewardess for United Air Lines.

Following completion of her training at the company's stewardess school near Chicago, Illinois, she now flies aboard aircraft out of Newark, New Jersey.

In becoming a stewardess she has entered a profession pioneered by United in May, 1930.

Miss Garraway is a graduate of Lincoln High School, Tacoma.

Miss Lynda Joyce Warren, daughter of Mr. & Mrs. Fred Ervin, 2353 So. Steele, has become a stewardess for United Air Lines.

Following completion of her training at the company's stewardess school near Chicago, Illinois, she now flies aboard aircraft out of that city.

In becoming a stewardess she has entered a profession pioneered by United in May, 1930.

Miss Warren is a graduate of Mt. Tahoma High School.

# Beauty Brews at Schlitz

BEAUTY BREWS AT SCHLITZ--The lovely Ebony Fashion Models were guests of the Jos. Schlitz Brewing Company following a recent fashion show in Milwaukee. Lucky host for Schlitz in the brewery's Brown Bottle hospitality center was Joe Nelson (center), the company's director of minority affairs.

# Safety Council Presents Course for Key Personnel

The Evergreen Safety Council will conduct a special course in industrial safety for supervisors at the Sheraton-Renton Inn on October 25th and 26th. Developed by the National Safety Council, the "KEY MAN" course has been taught to thousands of industrial supervisors and foremen throughout the United States. The course covers a multitude of new safety procedures and techniques as well as instructions in how to set up a safety program in any type of plant. The course is taught by professionally qualified safety engineers and includes a briefing on the new laws of the Occupational Safety and Health Act by representatives of OSHA and WISHA (Washington Industrial Safety and Health Administration). Registration information is available from the Evergreen Safety Council, 822 John St., Seattle, 98109. The Council's number is (206) 622-1670.

HEALTH ISSUE CALENDAR OF EVENTS

The Health Issue Group has two (2) meetings each month.
These are held on the first (1st) Thursday at Grace Methodist Church, 1801 East 34th and third (3rd) Thursday of each month at 1702½ Tacoma Ave. So.

October 18: Luther Strong, Health Sciences Dept., U. of Wash. and Myrtle Neal, Bold Thrust

November 1: We will have Rosa Franklin, Children's Clinic (Mary Bridge Hospital) and Aaron Lee, Comprehensive Mental Health

November 15: Bob Huesers, Sound Health Ass., Pierce Cty.

December 6: John Casteele, Health Education, Pierce Cty.

December 20: Ann La Vasseur, Title 7 Nutrition Program for Aging Dept. of Aging, Olympia.

It is hoped that we willbe able to have someone from the consumer protection agency instruct us on "decoding cans."

If you have any questions pertainig to the scheduled events, please contact me at 572-8200.

# 1973-74 Human Education Tours

The facilities of the Tacoma-Pierce County Humane Society are available from September through June for tour gouprs, i.e., public and parochial schools, Scouts, Campfire, and nursery schools.

The Humane Society is located at 2608 Center Street, Tacoma. The shelter is open seven days a week from 9 a.m. to 5 p.m. (Sunday hours--12 noon to 5 p.m.), however, tours are scheduled only from Tuesday through Friday from 10 a.m. to 5 p.m. Reservations may be made by calling FU 3-2735. (Tacoma School District teachers should call Administration Building, Instructional Resources Department, FU 3-1811, Ext. 284.) It is suggested that appointments be made at least two weeks in advance.

Visitors tour the shelter, view one of seven films (see reverse), or a slide program, and participate in a question and answer period. Free pamphlets and brochures on pet care are also distributed.

If you prefer, arrangements may be made for the director of humane education to visit your classroom with a program suited to your grade level.

For further information, please feel free to call Mrs. Werner at FU 3-2735.

## Veterans Day Observance

Families -- Wives, parents, and other loved ones, will observe Monday, October 22nd in various ways out of reverent respect for our fallen heroes, as well as all living veterans.

Galilee Missionary Baptist Church

Invites You to Worship

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Pastor Office GR2-1888

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SUN. SCHOOL 9:45 A.M. - WORSHIP SERVICE 11:00 A.M.
PRAYER SERVICE WEDNESDAY NIGHT 7:00 P.M.

Eastside Baptist Church

Rev. & Mrs.

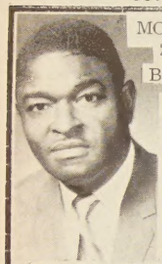
M.C. Connally, Jr.

Pastor's Residence Phone BR2-6415

SUNDAY SCHOOL 9:50-10:55 A.M.

SUNDAY WORSHIP SERVICE 11:00-12 Noon

3575 Portland Ave.

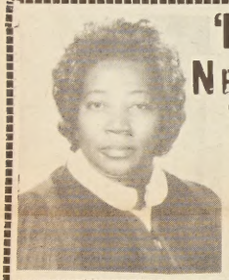


MOUNT TABOR BAPTIST CHURCH
2302 So. Alaska St. Tacoma.
BR 2-8911 - office LO4-2998 -

Sunday School 9:30 a.m.
Morning Worship 11 a.m.
BTU 5 p.m.
Evening Worship 7 p.m.
Weekdays prayer - Mission Tues. 6:30 p.m.

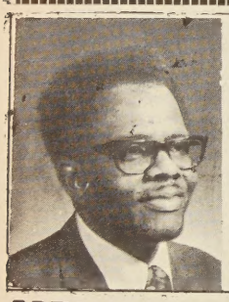
We invite you to worship with us.

Pastor Rev. E. L. Horne, Sr.



'PENTACOSTAL' NEW COVENANT TABERNACLE'

2156 So. K St. Tacoma
Sun. School/9:45am
Sun worship/11 am
Wed. even./7:30pm
Fri. YPC/7:30 pm
Rev. Mrs. E.E. Travis



You Are Invited to the St. John Baptist Church
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Sundays. 10am, -11am.
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Pastor
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## MEDITATION

A man doesn't begin to attain wisdom until' he recognizes that he is no longer indispensible

Richard E. Byrd, American Polar Explorer

## NOTICE

WHAT IS TRUTH

The Rev. Jeanne Schenck will deliver the soul-stirring, uplifting, informative and interesting message, referring to "What is Truth", Sunday Oct. 21st at 2:30 pm.

The public is welcome


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## Dear Tac-Vac

by: Ted Jefferson

Dear TAC VAC:

Q--In determining eligibility for the new work-study program for veterans, what criteria will VA follow in selecting veterans?

A--Whenever feasible, veteran-students with disabilities rated at 30 percent or more are given priority in selection for this allowance. In addition, the following criteria will be considered:(1) need of the veteran to augment his subsistence or education allowance, (2) availability to the veteran of transportation to the place he will work, (3) motivation of the veteran and (4) comparibility of the work assignment to the veteran's physical condition.

Q--Under what conditions would the wife of a veteran, disabled from service-connected causes, lose the civil service job preference she had been granted based on her husband's condition?

A--She would lose the veteran preference if divorced, or if the veteran recovers from the disability to the extent it no longer disqualifies him for civil service appointment in his usual occupation. If the veteran should die, she would lose the preference based on his disability, but may then be entitled to widow preference.

Q--I am an Army widow, getting a monthly check from RSFPP. Why doesn't it cover my children? Can I get an annuity for them?

A--The Retired Serviceman's Family Protection Plan did permit naming of children as co-beneficiaries with a serviceman's wife, but at extra cost. Your husband undoubtedly had the opportunity to include them if he judged it advisable. RSFPP does not permit you, as a beneficiary to make changes in the policy, so it would not be possible for you to purchase coverage under the plan for your children at this time.

Address all questions concerning veterans to: Tacoma Veterans Action Center, 1301 So. "K" Street, Tacoma, Washington 98405, 383-4008.

## National and International Relations

By Andre Young

Politically, black people have been naive to the importance of thir influence in the international arena. This is a new day. And it is time for black and other so-called "Minority" peoples to get involved in international relations.

The Port Commission is too important an agency to be allowed to continue its present isolation.

What happens with international contracts must have affirmative action connections. That is, black people must have a fair representative share of the employment. For instance in response to a recent TNT article: "Boat Firm signs Senegal contract for $11 Million", this writer wrote the following letter (in French) to Mr. Andre J. Coulbary at the French Embassy. "My letter is written as a brotherly request to the Senegalese people from their "lost-found" brother's here in Tacoma, Washington (USA). I am a black concerned United States of America citizen, who believes that the plight of black people throughout the planet-earth is basically unquestionably similar to the status of black people in Senegal.

I consider it imperative to the economic progress of black people in this Country (and this Community) that we establish a close and mutual working relationship with each other.

It is hoped that all diplomatic efforts will be made to secure employment for the many unemployed black brothers and sisters in this city as a result of your most recent contract with Tacoma Boat.

I am certain that there are many services black people in this city can render to the Senegalese people and that the Senegalese people can do for other third world peoples such as us. It is hoped that the black people of this community can depend on the Senegalese people for their support in securing employment through any future contracts that the Senegalese people make in any part of this Country."

My admonition is that black people should get involved with their future and Tacoma's by knowing our Port Commission.

## This is Your Life

St. John Baptist Church's first "This is Your Life" program was held last week on Mission Sunday. Mrs Charles (Carrie) Worthy was the guest of honor.

Looking on with pride as the narrator Mrs. Ruby Irons enumerated her worthy deeds were her husband Charles, son Calvin, and sister Mrs. I. V. Wynn.

Besides her other affiliations, she is President of the Missionary Society, Pastor's Aid, and the Progressive Association.

ADULT OUTREACH PROGRAM

BY Emanuel Glover

The Adult Offender Outreach Program (AOOP) is a Tacoma Urban League program designed to assist Model Neighborhood Residents (MNR) and ex-offenders in the Tacoma-Pierce County area.

The Objectives of AOOP are to:

1. Establish a re-socializing program for MNRs consisting of outreach counseling, vocational training, educational opportunities, and employment placement.
2. Create a community placement facility in order to increase vocational, educational, and employment opportunities for MNRs.
3. Establish direct communication between the community, the police department, the courts, and institutions in order that AOOP will be effective in times of need for MNRs.'
4. Establish a vocational release, education release, and employment release program in all adult-status corrective institutions in the state of Washington.

Target Population:

All MNRs 18 years of age and oldr, who are in need of such services due to delinquent behavior or otherwise, and all MNRs who are incarcerated in any adult-status correctional institution in the state of Washington.

This week we will discuss the employment part of the program. AOOP provides employment opportunities for anyone in the city of Tacoma; however, ex-offenders and offenders are our top priority. One does not need an appointment to visit our office; just walk on in. AOOP has three Career Developers who are highly qualified to help you plan your future career or assist you with your present career. If you have any questions about AOOP's employment services, please call us at 272-9386.

Be sure to pick up a copy of the "FACTS" next week and also the following week when AOOP will be discussing vocational training and education opportunities.

AOOP's New Location is 1301 So. K st.-UP - STAIRS

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

Black Businessmen's Association meeting - Sunday Oct 21 at 6 pm , 2106 So "J" St.

President Charles R. Walker...Report New Business Venture

Mr. Ree Hutchine...Principal Speaker Central Area Progressive Credit Union

Business Progress Report

1. Neighborhood Development Incorporation.
2. Tacoma Pierce County Equal Business Opportunity and Development Council

Members are urged to attend. An open invitation extended to all minority Business people to attend this meeting on 21st of October.

# Returning Students Ambitious

Older persons have the "edge of experience, motivation and direction to help them compete with younger university students.

At least that is the gist of comments made recently by Pacific Lutheran University graduates and graduate students who returned to school after all these years.

"At first, I was apprehensive about goint into a totally new situation," admits Keith Bierbaum of Steilacoom who received a degree in elementary education from PLU in August. In 1969, Bierbaum enrolled at PL U after serving 24 and one-half years in the Army Signal Corps. Now, he teaches sixth grade at Clarkmoor Elementary School at Fort Lewis, recently assimilated into the Clover Park School System.

Bierbaum discovered experiences he had gained during his Army Career meshed with concepts he encountered in the classroom.

"The biggest adjustment was not in class, but in my home...I wanted to study most of the time," he recalls, "so it was necessary to sacrifice much of my family life with my wife and t two daughters."

Mrs. Newell Emery of Lakewood agrees there has to be a marked adjustment in the family schedule when mom decides to go back to school."

"I had the full support of my family for this 'great big adventure,'" she notes, recalling stresses of taking full loads of class work for six months while finishing a fifth year at PLU to obtain teacher certification. Fifteen years earlier, she had received her undergraduate degree from Western Washington State College in Bellingham.

To help their mother in her academic pursuits, each of the four boys--then ranging in age from 7 to 11--took a turn at getting dinner periodically and followed chores outlined by their mother.

What prompts a mother of four boys to close a cookbook for awhile and open a txtbook?

Mrs. Emery says: "I was bored with doing the same kinds of household activities; I felt I had taken my turn at organizations such as PTA, Cub Scouts and the like--it got to the point where I felt everything was going out of myself, and nothing was coming in."

Since she received her certification, she has served as a substitute teacher and now works as a teacher's aide in the Clover Park School District.

"Someday, of course, I hope to have my own classroom," she indicated.

In another family when mom decided to go back to school at PLU, the former demands and expectations of the family began to conflict so much that she practically had a "nervous breakdown.

Dr. Seiichi Adachi, director of counseling services at the school, revealed she came to the center--before throwing in the towel--to see if she could, in some way, salvage her situation.

"After discussing alternatives, she finally confided in her family the trouble she was having playing the roles of mother, wife, housewife and student," said Adachi.

"For instance, instead of getting up in the morning to fix breakfast for the family, they agreed it would be fine to fix their own," he continued.

"Fortunately, in this case, everything eventually worked out, but in other cases it doesn't, if the family isn't willing to cooperate."

Generally, those returning to school find adjusting to younger students--who may be more than a generation apart in their attitudes, ideas and garb---less difficult than they expected.

"Actually, I was more concerned about their acceptance of me than my acceptance of them," commented Mrs. Emery.

If problems of adjustment to these and other situations do crop up, Bierbaum says professors, advisors and administrators can be very helpful to older students.

"But," he quickly adds, "you have to tell them what the problem is."

When frustrations did mount for Mrs. Emery and Bierbaum, they both said their spirits were bolstered by the realization they were involved in a temporary situation and could see "the light at the end of the tunnel."

SOULFUL ENTERTAINMENT REVIEW

"The Jonah's Whale Show"...closed out at the Gallery in Seattle with the crowd asking for more. "The Jonah's Whale Show"...will be performing at the Bright Spot for two weekends starting this Thursday through Sunday. Asante...had a wonderful time at the Show Biz over the week-end. 'Paul Richardson" played to a great audience at Fort Lewis NCO Club Oct. 10th....."HOT ICE" ....A group of young musicians is the group to watch in their approach to music, they perfomred to a packed house at the Mariner Club, Bremerton Wash. Oct. 12 to 13th. "HOT-ICE".....will be at your Ujamma Culture and Recreation Center, 13th & Facett this week-end Fri 19 & Sat. 20, 9 pm to 1 am for all you younsters. So come out and support your Center and a wonderful group; ...Charles and the Entertainers...did a beautiful job at Madigan Hospital Oct. 13th and will appear at Ft. Lewis Main NCO Oct. 19& 20th. We salute all our local musicians,..360 Degrees, Ron Dacus Trio, Smokin, T. McGhee and "The Rapid Pulsation'..and lets not forget our fine KTOY Disc-Jockeys under the guidance of Don Shorter they are doing our community a great service---lets turn-in and listen to what they are saying, you may pick up a point or two: New to the entertainment ciruit is none other than Ray Olu Giles formerly the asst. dir. of Ujamma Culture and Rec. Ctr...He is making his debut as coordinator of Northwest Entertainment Consultant Inc. and is coordinating efforts in setting up entertainment for High schools, Colleges, and the social set. So if you need his service call 627-8460: See you next week.....R.O. Laskey


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(PG)

PROCTOR SK 9-5461
Walt Disney's
"Mary Poppins"
(G)

Build Your Future
BUY A HOME

The Department of Housing and Urban Development has many fine acquired homes throughout the Tacoma area, and all over western Washington. Some are nearly new. All are in good condition. All are reasonably priced, with low down payment.

As a homebuyer, you will realize several advantages: the interest you pay is wholly income tax deductible; you will soon build an equity in the value of your home...making your net worth grow; your home is your castle...yours to live in, in your own individual style.

HUD doesn't sell houses, so please don't call HUD for details. All sales are made through professional Real Estate brokers. Almost all licensed Real Estate brokers have complete lists of homes available. They will be glad to help you find the home suitable for you, and to answer all your questions. Call one today. Ask him about HUD availabilities.

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xxxxxxxxxxxxxxxxxxxx

FOOD FOR THOUGHT

With food prices as they are, it is hard to keep a well feed person on the right calories, with too few you will be weak and hungry, with too many you are over-weight. So here is a meal that will do it.

Cajun Jambalaya
(Louisiana)

1 - 3 lb. frying chicken cut into serving pieces. Salt and pepper to taste.
2 - tablespoons bacon drippings or shortening.
2 - tablespoons flour
1 - lb. smoked sausage or smoked ham diced
2 - Onions chopped
1 - Green pepper diced
3 - cups of peeled and diced tomatoes
1 - clove garlic finely chopped
2 - cups shelled and deveined shrimp (about 1¼ lb.)
3 - cups of water
½ - teaspoon leaf thyme
½ - teaspoon hot pepper sauce or to taste
2 - cups uncooked rice
¼ - cup chopped parsley
1/3 - cup of finely chopped green onions (including green parts)

Season the chicken with salt and pepper and brown on all sides in the drippings or shortening in a heavy skillet. Remove chicken, sprinkle the flour over fat remaining in the skillet , stir until light brown. Do not allow to burn. Add the sausage or ham, the chicken, onions, green pepper, tomatoes, garlic and shrimp, cook and stir about 10 min. Add the water, 1½ teaspoon of salt, the thyme, pepper sauce, ½ teaspoon pepper and the rice. Bring to a boil and then cover and let simmer about 35 min. or until rice is tender. Stir the parsley and green onions and let cook for 5 min.

# NEWS RACK

In conjunction with their 198th Birthday celebration, the Navy Recruiting Commands ' new office opened Sat. with very impressive ceremonies. Chief Percy J. McElroy and his staff are to be commended.

Dignitaries attending were Mayor Gorden N. Johnson; Commander Bolmer ; A. J. Winn, Bishop R. E. Althiemer and City Councilman Harold Moss. Members of the Navy Mothers Club prepared appetizing refreshments including a beautiful commemorative Birthday cake.

************

The Herbert Daileys of 1616 So. Cedar St. home was a visitors Haven during the past four months. The last guest Mrs Mary Lee Jones, Mr. Dailey's niece, from Newark, N. J., she's a keypunch and data processing supervisor for a Wall St. Broker in New York City. Other visitors were their mothers Mrs. Effie Dailey and Mrs. Annie E. Jones both of Raleigh, N. C., a cousin from Montclair, N. J., Mrs. Irene Mimes, a nurse's assistant. Mrs. Dailey's brother Robert with wife Shirley and children, Zaxier and Christopher from Boston, Mass. were also among the many who visited.

************

A former Tacoman, Mrs. William (Yvonne) Downey of Concord, Calif. is the house guest of Mr. & Mrs. O. A. Boddie.

************

Mrs. Richard (Candy) Wolf, of New York City, arrived Tuesday for a visit with her mother Mrs. Terri Cato. Mrs. Wolf, formerly of Tacoma, with her mother will travel to beautiful and exciting Lake Tahoe for fun in the sun and a turn at the games of chance! Joining them will be Ms. Sirleatha Miller, sister of Mrs. Cato and friends from the Calif. area.

************

ALVIN AILEY DANCERS TO PERFORM IN TACOMA

Alvin Ailey American Dance Theatre of New York City will present a master class and lecture-demonstration program at Pacific Luthern University Monday, Oct. 22.

The lecture-demonstration, virtually a "mini-performance" wtilizing work lights and rehearsal clothes, will be held in Olson Auditorium at 8 pm. During the program, techniques or forms of dance will be described and illustrated with demonstrations by the 18 members of the touring company.

The master class, also open to the public will be held in Memorial Gymnasium, adjacent to Olson Auditorium, at 7pm. Members of the Ailey troupe will be working with 35 PLU dance students during the class hour.

Tuesday and Wednesday, Oct. 23-24, the Ailey company will be performing in the Seattle Opera House at 8 pm.

The campus programs are sponsored by the PLU Artist Series, which is also co-sponsoring the Seattle performances.

The Ailey Dance Theatre celebrates the cultural heritage of the American Negro. " That heritage is one of America's richest treasures," according to Ailey. 'From his roots as a slave, sometimes sorrowing, sometimes jubilant, but always hopeful, he has created a legacy of music and dance which has touched, illuminated and influenced the most remote preserves of world civilization."

A Chicago critic observed, "Ailey company members bring the exhuberance of jazz, the ecstacy of spirituals and the dark rapture of blues to life in each stage performance."

The company has toured the world many times since its birth in New York City in 1958. In Hamburg, Germany, the company received an an unprecedented 61 curtain calls. Theaters have been packed in New York City, Paris, London and many other cities around the world.

Tickets for the lecture-demonstration will be available at the door at a nominal charge. The master class is complimentary to the public.


We give you a choice.

**NOTICE OF**

**JOB OPENING**

Instructor-Coordinator for the Emergency Medical Service Training Program
Qualifications: Bachelor's Degree and/or other credentials (i.e. Registered Nurse, M.D., etc.); 3 years experience in Coronary Care/Intensive Care or other emergency medical specialties; teaching experience.
Closing Date: October 26, 1973

Apply in person at the Allied Health Office, Building #20, Tacoma Community College, 5900 South 12th Street.

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YOUNG GIRL CAPTURES RAPIST

While waiting for a bus, a young attractive girl was grabbed from behind and dragged into an alley. As her assailant tried to rip her dress off, she fired one burst at his face. Instantly he let her go and staggered around blindly, coughing and gasping. He later confessed to raping over a dozen women in the area. This girl and possibly others were saved from a vicious sexual attack.

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ASSAULT & ROBBERY PREVENTED

The St. Louis Globe Democrat reports: While an elderly insurance collector was making his rounds, he was jumped by a knife wielding attacker who tried to rob him. The insurance man completely disarmed and disabled his attacker with one spray that had his attacker coughing and gasping.

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## Letter To The Editor

The worlds biggest problem is drugs. It's all around you. The biggest question is what are are we going to do about it. You see the youngest of children with tracks on their arms. Do you lend a hand, or turn your back on them? Giving them up as a lost cause. Every human being is worth something in their own way. People treat the drug problem as a dreded disease. Not wanting that junkie around you. Being on the needle, the dog, scaz or whatever you want to call it, is an illness.

It has been a known fact, that you adapt to your environment. Right now drugs is the environment. If you see a young child growing around drugs you can wxpect to see him on some type of drug in the future. This dosen't hold true to eveyone, some people are able to over come any ordeal that is present to them. I ;am talking about the people who can't over come the drug problem.

If you look back into the drug users life. You might find some sort of problem then, not being able to cope with the world. Maybe he was the child caught stealing all the time, or the mean little boy that wanted to beat everyone up; or maybe the lonely child that didn't have a friend or family. The only way I can see it, no one is using the needle unless he is trying to hide from himself. I am talking from experience The drug problem is found in my home, and maybe in yours also. But I am not going to be ashamed of it. No, I can't be. In God's way he will show me a way to lend a hand to all my sister's and brothers that are calling for help, but no one is listening. The half way house is a good idea. But it isn't enough. Once a person is helped they are turned back into the world that they have just came out of. They need a new environment, maybe a job, or school would help, I don't know. If we stand together we could solve this problem that is surrounding everyone. I wrote this poem one day, after I came home and found my mother crying, because she had just found out about my brother.

Brother on the needle real bad
Mother crying, thats real sad

Daddy belling
Sister selling
What am I supposed to do

Lend a helping hand
this I am supposed to do

What is that white powder they call the dog
It got my thinking in a deep hazy fog.
Love one another everyone is preaching
But what is the hustler on the street teaching ?

Stick a needle in your arm
Man it won't do you any harm

Best friend just overdosed, now he's dead
Gosh, little boy that stuff ain't good, can't you get that in your head?.

UJAMAA CULTURE AND RECREATION CENTER

On Friday, and Saturday, Oct 19th and 20th the Ujamaa will be sponsoring a chaperoned dance from 9 pm to 12:01 am entertainment provided by that dynamic group from Seattle "Hot Ice". For a good week-end of entertainment come to the Center.

The Ujamaa Center is offering free karate classes every Wednesday and Thursday evenings from 6:30 pm to 8:30 pm and there is no age or sex restrictions? Free karate classes, piano and voice classes, dance, painting and drawing, sewing, corcheting, guitar lessons, leathercraft classes etc. are offered free of charge to the Community.

The Karage class is taught by Mr. Carey Lewis Black Belt instructor. He has the ability to teach you and your family. Presently, the class has about 20 to 25 members ranging from 6 to 35 years in age.

There is still more room for students. So stop delaying and enroll in these classes before it is too late. How can you turn down something that is good for you, and free at the same time?

Ujamaa plans to have a Haunted House here at the Center for the young folks. We are calling on the Community fathers and mothers to pitch in and give us a hand to construct the props and set-ups that we need to make this the best Haunted House in Tacoma's History. If you want to help please call the Center. Phone 627-2117 or 2118


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# How to save money on your Long Distance calls.

**1. Dial direct whenever you can.**

When you dial interstate calls direct from your home or office phone without operator assistance, you can almost always save. For representative rates and details on when dial-direct rates are applicable, see the rate chart below.

**2. Call at the times when rates are lowest.**

Interstate Long Distance rates—especially dial-direct rates—are lower on weekends, in the evening and late at night. Savings can be big, as you can see from the rate chart.

**3. Plan your conversation in advance.**

If you know in advance what you wish to talk about—perhaps even make some notes—you'll be able to share more news and get more accomplished in less time. And this will save money.

**4. Call person-to-person only when absolutely necessary.**

Person-to-person calls are far more expensive than station-to-station calls—especially dial-direct station calls. In some cases, as indicated in the rate chart, you can get more than two dial-direct calls for the price of one person-to-person call.

## Coast to Coast Long Distance rates

| | | Station-to-Station Dial-it-Yourself | Station-to-Station Operator-Assisted | Person-to-Person |
|---|---|---|---|---|
| Weekends | 8 a.m. to 11 p.m. Sat and 8 a.m. to 5 p.m. Sun. | 70c first 3 minutes | $1.40 first 3 minutes | $3.55 first 3 minutes |
| Evenings | 5 p.m. to 11 p.m. Sun. through Fri. | 85c first 3 minutes | $1.40 first 3 minutes | $3.55 first 3 minutes |
| Nights | 11 p.m. to 8 a.m. daily | 35c* first minute (minimum call) | $1.40 minimum call (3 minutes) | $3.55 minimum call (3 minutes) |
| Weekdays | 8 a.m. to 5 p.m. Mon. through Fri. | $1.45 first 3 minutes | $1.85 first 3 minutes | $3.55 first 3 minutes |

Rates shown (tax is not included) are for the days, hours and durations indicated, and for the types of calls specified at the head of the columns. Rates may be even less, of course, on out-of-state calls for shorter distances.
These dial-it-yourself rates apply on all coast-to-coast interstate calls completed from any non-coin telephone without operator assistance or from any non-coin phone where direct dialing facilities are not available. Dial direct rates do not apply to person-to-person, coin, hotel/motel guest, credit-card, collect or to calls charged to another number, because an operator must assist on such calls.
*One minute minimum calls available only at the times shown, and additional minutes are 20c each, coast to coast.

Pacific Northwest Bell



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Pacific National Bank of Washington


## PUBLIC NOTICE

All Tacoma Public Schools including the L. H. Bates Vocational-Technical Institute will be closed next Monday, October 22, in observance of Veterans' Day, district officials announced.

Classes will resume at their normal times Tuesday morning.


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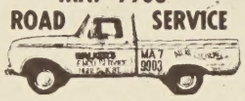

## Tacoma Veterans Action Center

1301 So. Kay

All veterans who are making the change from Military to Civilian status, stop in and see us about any service you are looking for. If we do not have it we will refer you to the department that will give you the answers. If you are unable to come to us CALL FU 3-4008, and we will come to you.

A Model Cities Project
TACOMA URBAN LEAGUE
Operating Agency

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2544 Tacoma Ave. S.
Tacoma
$9,500
This house offered strictly "As Is". Many repairs required. Purchaser will be required to confirm his awareness and financial ability to make repairs. Approximately 60 yrs. old, 10 rooms, 1 bath, garage.
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## !SPECIAL!

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Help Wanted: PROGRAM COORDINATOR. Lakewood Coffeehouse/Community Center needs imgainative, hardworking person to plan, organize and coordinate facility's people oriented programs. Responsible position. Minimum four years experience in working with all age groups from teens to senior citizens. Good communicative skills necessary. Budgetary experience helpful. Salary range $9000-10,500 depending upon experience. Send resume to: M. Roskin, Suite 202, 9618 Gravelly Lake Dr., Tacoma 98499.

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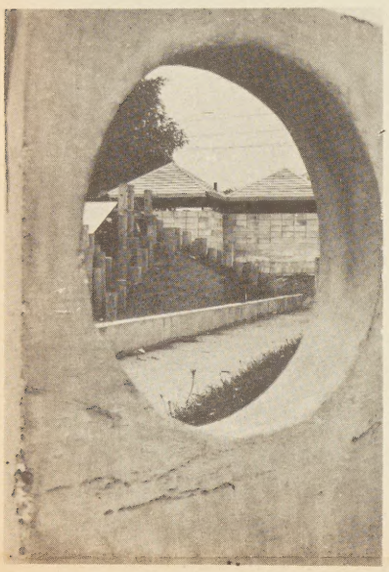
# MODEL CITIES NEWS

## Roofs Up at Ferry Park



**THE OUTSIDES of the restrooms are almost completed at Ferry Park.**

The roofs on the restrooms at Ferry Park were completed this week.

The insides of the restrooms and sidewalks around the restroom are yet to be completed.

Also, work at the mini-aprk at 25th and Sheridan is expected to begin within the next few weeks. Plans for the open-space park have been completed and grading is expected to begin soon.

## Two to Finish Teacher Training

Two students in the Model Cities Career Opportunity Program (COP) are expected to graduate from college with teaching degrees this spring.

COP is a teacher training program operated by Tacoma Schools with a grant from the U.S. Office of Education. Model Cities has been sponsoring 23 Model Neighborhood residents and two non-residents in the program, but the number was cut to seven because of reduced funding. Those in the Model Cities program were picked up under the regular program.

The goal of the project is to train disadvantaged individuals, who understand the proglems of disadvantaged students, to become teachers. Participatns in the program work as teacher aides with Tacoma Schools as well as attend college classes.

COP has projects in all 50 states with four in Washington: in Seattle, Tacoma, Spokane, and Yakima.

One of the participants in the regular program earned 22 hours of credit this summer with a grade point of 4.0 (A average).

## Eight in Work Release Program

Progress House now has eight men from McNeil Island in their work release program.

The program allows men with 90 days to six months left in prison the opportunity to return to the community for work. Progress House has recently worked out an agreement with McNeil Island to help men get into the work release program.

The men live at Progress House while working in the community and finishing their prison terms. Progress House must send a sponsor with the men whenever they leave the house, except when going to work.

A plan for a halfway house for women is coming closer to reality with approval of a special use permit by the Planning Commission. The plan is for a home for eight women from Purdy. The home is planned for 1124 So. Ainsworth.

The administration of the Progress House encourages people to drop in and find out more about the operation of a halfway house. It is located at 1119 So. G St. Visiting hours are from 8 a.m. to 5 p.m.

## Board Member Elected to National Council

Model Cities Board Member Ruth Daniels was elected as the corresponding secretary of the National Citizens Participation Council at the annual convention.

Executive Board Chairman reported the highlights of the NCPC convention to the Model Cities Task Force on Monday. One of the actions of the council was to pass a resolution recommending extension of the Model Cities program beyond June, 1974.

Ellis also announced that the Region Ten Citizens Council will hold a meeting in Portland some time in November. Twenty task force members signed up to attend the conference. The purpose of the gathering will be to bring citizens up to date of the survival of citizens participation.

The task force reports included an announcement that the Fire Department will give training at the Nov. 19, Task Force. The training will cover emergency aid.

Both housing projects, Neighborhood and Housing Development, are still accepting applications for rehabilitation.

The Youth-Education-Culture and Recreation Task Force announced that the scouts at McCarver need more helpers. Anyone interested is asked to call Clarence Walker at SK 2-7731 or Mrs. Lucille Delaney at 593-4660.

## Projects on the Move

Several Model Cities projects have moved their offices recently.

The Manpower Satellite and Minority Employment Sevices projects have merged into one project and are now located at 1301 So. K. The new employment project is operated by the Tacoma Urban League.

Several other projects have joined Manpower Satellite—Minority Employment Services at 1301 So. K. The Tacoma Veterans Action Center, Housing Development Program, and Adult Outreach are also using the 1301 So. K building. Youth Outreach and Laymen Education Program have some of their staff in the multi-service complex.

The Laymen Education Program has moved its main office to McCarver Elementary School. Within the past few months Minority Contractors has moved to 1036 So. Sprague, Neighborhood Development to 2110 So. L St., and Hilltop Cildren's Clinic to 420 So. L.

## SBA Announces Regional Alignment

The U.S. Small Business Administration to day announced a realignment of its regional functions effective Monday, October 15, 1973.

According to SBA Regional Director Daniel B. Ward, the functional changes are designed to speed up SBA services by placing more of the decision-making process at the local level. "We have already undertaken a major step in the decentralization of authority from our Central Office in Washington, D.C. to the regional offices. The new realignment will help make the agency even more sensitive to the needs of the people it was created to serve," Ward said.

The Regional Director said that based on a management board review of current regional operations three major recommendations were suggested:

1. Realign the current Northwest regional city office by the creation of a new SBA District Office in Seattle. The new Seattle District Office will function as an operating office with responsibility identical to other SBA district offices in Spokane, Portland, Boise and Anchorage (SBA also has a branch office in Fairbanks). This will allow the regional director and his key staff to devote their full time and attention to policy implementation and the review of regional activities. "It will also place a clearly identified team in charge of each area being served," Ward said.

2. Combine the Agency's financing, loan administration and community economic development activities into a single key official the responsibility for all financing activities, improve the coordination of these activities and provide a better means of utilizing agency personnel resources.

3. Place increased emphasis on the function of management assistance to small business with specific emphasis on the SBA portfolio. "Its been said that businesses do not fail, but that businessmen do. Rather than lack of money, often the most acute handicap to businessmen is his lack of management and technical know-how," Ward said. "Too often the small businessman is not a good manager. He can be leading his business to failure without even realizing that it is happening."

The Regional Director said that SBA was created by Congress 20 years ago to encourage, assist and protect the interests of small business. "SBA has a responsibility to serve the small business community with financial, management and procurement assistance. Through complete decentralization, the Nixon Administration has made a strong commitment to improve the Agency's activities, consistent with SBA objectives, so that it can deliver its services more efficiently and speedily to the small business community," Ward said. The new Seattle District SBA office will be located in the present SBA facilities - Fifth Floor, Dexter-Horton Building, 710 Second Avenue, Seattle, Washington 98104 Telephone 442-5534.

## Project Issue

Today's issue of the Model Cities News is devoted to the Model Cities projects serving your community

We didn't have room to include articles on all of the projects, so here is a list of services provided by projects not included in today's issue. Addresses and phone numbers are listed elsewhere.

Laymen Education Program-Adult tutoring and instruction, preparation for GED test.

Tacoma Area Child Tutoring-Tutoring for children, involving parents in child's education.

Family Clinic-medical referral for low-income individuals.

Neighborhood Development Program-housing and environmental improvements in six-block area.

Housing Development Program - Housing rehabilitation for Model Neighborhood residents.

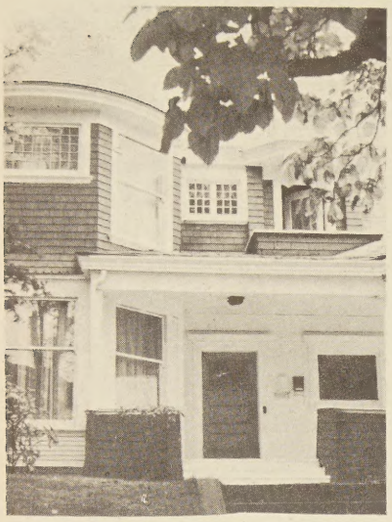
Youth Outreach-Counseling and other services for delinquent and pre-delinquent youths.

Minority Contractors-Aid to contractors, minority job development.

Tacoma Veterans Action Center-aid to veterans with GI benefits, employment, housing, etc.

Homemakers-Home care for temporarily disabled.

# MODEL CITIES NEWS



MEDICAL SERVICES at the Hilltop Children's Clinic will remain the same in spite of refusal of Model Cities funds.

## Childrens Clinic Service Continued

The Hilltop Children's Clinic's services will continue without interruption even though the clinic's board has decided not to accept Model Cities funding.

Since Model Cities is phasing out in June, 1974, the clinic's board decided to decline Model Cities funds and develop a volunteer system to continue services.

Clinic officials will be seeking other funding for the future. They say the clinic will be able to provide better services if it is not dependent on a governmental agency for support. Programs for revenue sharing funds may be developed in the future.

The main reason for not accepting funding from Model Cities was the reporting requirements and insufficient funds for clerical staff to keep reporting records.

Staff of the Children's Clinic and Model Cities board members emphasized that the clinic would continue to offer free medical treatment for infants and young people. People with major medical problems are referred to other medical facilities.

## Ujamaa to Sponsor Haunted House

Neighborhood ghosts and goblins will be gathering at the Ujamaa Culture and Recreation Center on Oct. 29-31, for a haunted house sponsored by the center.

If you have some spare plywood or two-by-fours and a ghoulish mind, the center needs your help. Anyone who is willing to volunteer some time to work on the Halloween festivities is asked to call the center at 627-2117 or 627-2118.

The additional help is critically necessary now because some staff have been cut due to reduced funding from Model Cities. The center will need to rely on more volunteer help in the months ahead because of the reduced budget.

Members of the center staff expressed their appreciation to Assistant Director Ray Olu Giles, who has resigned because of the cut in funding. "We positively feel that the positive things that he has done, or treid to do, deserve a positive reaction," according to a recent newsletter.

In spite of the reductions, the center is still offering a full program of free workshops. The schedule for the fall is:

Music (voice-piano)—Mon.-Fri., 5 p.m.-9 p.m.; Sat., 10 a.m.-6 p.m.

Music (guitar)—Daily, 4-5 p.m. (beginning); Daily, 5-6 p.m. (advanced)

Arts & Crafts—Wed., 6:30-8:30 p.m.; Sat. 1:30-3:30 p.m.

Dance—Mon., Wed., & Thur., 5:30-6:20 p.m. (beginning); Mon., Wed., Thur;. 6:30-7:20 p.m. (advanced)

Ladies Exercise—Wed. and Thur;. 9-10 a.m.

Crafts—Tues. and Thur., 11 a.m.-1:30 p.m.

Martial Art (Karate)—Wed. and Thur., 6:30-7:30 p.m. (beginning); Wed. and Thur., 7:30-8:30 p.m. (advanced)

Painting-Drawing—Tues., Wed., and Thur., 5-6 p.m. (beginning); Tues., Wed., and Thur., 6-7 p.m. (advanced); Sat., 12-3 p.m.

Sewing—Mon. and Wed., 4-7 p.m.; Tues. and Fri., 6-9 p.m.

MODEL CITIES seniors will display their handiwork at the Nov. 18 Senior Citizens Awareness Day.

## Neighborhood Team Helping Hilltop

A new concept in counseling called a Neighborhood Team is now working in the Hilltop to help residents with personal problems.

The Hilltop Neighborhood Team, operated by the Comprehensive Mental Health Center and partially funded by Model Cities, is coordinating community projects and providing mental health counseling services. Team members include Wendy Firth, a counselor, Jack Williamson, a social worker, and Elizabeth Tuley, a mental health expiditer.

Team members visit Hilltop homes to counsel on personal problems as well as work in the Center headquarters at 1212 11th Ave. So, Building 2 of the Tacoma Medical Center.

The Hilltop Team is working with Youth Contact, Hilltop Children's Clinic, Adult Outreach, and other community projects providing counseling services. By participating in meetings and activities in the Hilltop, team members are becoming acquainted with the people and their needs.

One of the activities of the team has been a series of classes for expectant mothers and mothers with small children. The classes, presented in cooperation with the MDC Health Care Program, were completed in August, but another session is planned for January, 1974.

The team also cooordinates with the Police Department, Division of Vocational Rehabilitation, Headstart, school counselors, ministers, and others. The team holds its regular meetings on Monday mornings at the Hilltop Multi-Service Center.

In addition to coordination with community agencies, the team is backed by other programs of the Comprehensive Mental Health Center. These include a Children's Services Department, professional counseling, inpatient services at St. Joseph's Annex and Mary Bridge Hospital, Alcohol Information and Referral, a day treatment program, a rehabilitation program, and a crisis emergency phone service.

If you know of someone who needs help, or if you need help with a personal problem call 383-5956.

## Big Plans for Senior Day

The Model Cities Senior Citizens Center is thinking big this year as it plans for the second annual Senior Citizens Awareness Day (SCAD).

The gala event will be moved to the University of Puget Sound Field House this year. It will begin at 3 p.m. on Nov. 18.

Senior citizens from all over Tacoma will participate in the activities. Center Director Bertie Edwards wants to let people know what the seniors in Tacoma are doing.

Tacoma seniors will display their handicrafts and entertain those attending. A well known speaker will be talking about matters pertaining to seniors.

Admission is free and the public is invited.

## MODEL CITIES PROJECT INFORMATION

Education

Career Opportunity Program
8th & Tacoma Ave. So.
383-1811

Laymen Education Program
McCarver School and 1301 So. K St.
383-2436

Tacoma Area Child Tutoring
1209 So. I St.
272-4441

Health

Family Clinic
19th & J St. So.
627-9182

Culture and Recreation

Ujamaa Culture and Recreation Center
415 So. 13th St.
627-3196

Housing

Hilltop Neighborhood Development Program
2110 So. L St.
593-4876

Housing Development Project
1301 So. K St.
572-7894

Law and Justice

Adult Offender Outreach Program
1301 So. K St.
272-9386

Progress Halfway House
1119 So. G St.
272-2415

Youth Outreach
1307 So. K St. and 1301 So. K St.
383-1714

Manpower and Job Development

Manpower Satellite/Minority Employment Services
1301 So. K St.
383-4096

Minority Contractors
1036 So. Sprague
383-5053

Tacoma Veterans Action Center
1301 So. K St.
383-4008

Social Services

Homemakers Services
955 Tacoma Ave. So.
593-4160

Mental Health
1212 So. 11th, Bldg. 2
383-3041

Senior Citizens Center
2316 So. Yakima
572-7776